



Balance Diabetes Wellness: A Comprehensive Diabetes Care Solution

In today's evolving healthcare environment, Balance Diabetes Wellness (BDW) distinguishes itself as a leader in diabetes management by offering a holistic approach that not only improves medical outcomes but also enhances patients' overall well-being by addressing both the psychological and behavioral aspects of diabetes management. Navigating the modern trends focused on holistic, patient-centered care, BDW provides an ideal partnership that aligns seamlessly with these initiatives, ensuring superior support for your diverse patient population.

Partnering with BDW Offers Numerous Benefits:

- Leverage BDW's expertise and resources for diabetes education, allowing your staff to focus on their primary responsibilities and see more patients, ultimately boosting your revenue.
- Referring to BDW is effortless, easing your workload with our competent and reliable service, ensuring seamless transitions and comprehensive care.
- Our approach aligns with patient-centric healthcare trends, boosting value for referring providers through enhanced patient satisfaction and retention, ensuring exceptional care and increased loyalty.
- Manage all types of diabetes, including Type 1, Type 2, Gestational, Prediabetes, and all secondary forms.
- Offers bilingual services to cater to the Spanish-speaking community.
- Contracted with 300+ health insurance plans, we offer care in 23+ states for broad access.

Services Offered

- Diabetes Self-Management Education Services (DSME)
- Medical Nutrition Therapy (MNT) & Individualized Weekly Meal Planning
- Diabetes Distress/Burnout Coaching, Support, & Workbooks
- Remote Patient Monitoring (RPM) & Chronic Care Management (CCM)
- Physical Fitness Coaching, Support, & Group Exercise Sessions

Advantages of Balance Diabetes Wellness

- **Expert Team:** Our team consists of Diabetes Care & Education Specialists (CDCES), Registered Dietitian Nutritionists (RDN), Licensed Professional Therapist (LPC), Certified Health Coaches (CHC), Lifestyle & Weight Management Specialist (LWM), Fitness Nutrition Coach (FNC), and Certified Personal Trainers (CPT).
- **Wellness Focus:** We recognize the importance of addressing the individual as a whole, providing a safe, supportive space where those managing diabetes feel heard, empowered, and in control of their health journey.
- **Accessibility:** Our 100% virtual platform allows patients to conveniently access all our services from anywhere.

Comparison to Other Diabetes Educators

- BDW stands out, with no direct competitors, filling a crucial void and addressing a significant need.
- Our multidisciplinary team offers an unparalleled blend of comprehensive diabetes services, delivering personalized care that distinguishes us from traditional clinics.
- Many of our providers live with diabetes, allowing us to empathize deeply with our patients and offer a unique understanding that sets us apart from other providers.

In closing, partnering with Balance Diabetes Wellness offers a groundbreaking opportunity to elevate the standard of diabetes care for your patients, ensuring they receive the comprehensive, empathetic support they deserve. Our unique blend of specialized services, expert team, and focus on wellness sets us apart, filling a critical gap in diabetes management. By choosing BDW, you're not just providing your patients with quality care; you're embracing a partnership that promises to enhance their health outcomes and overall satisfaction.

Join us in transforming diabetes into a manageable aspect of everyday life, paving the way for a healthier and brighter future for the diabetes community. Encourage your clients to become part of this positive change by referring them to us through the referral link below or by completing the referral form and faxing it to our office.

Sincerely,

Founder | CEO | Diabetes Care & Education Specialist

Balance Diabetes Wellness

☎ 817-518-7239

☎ 1-800-782-6249

🌐 [Click Here for Referral Link](#) (client information at the top, your clinic information at the bottom)



Phone: 817-518-7239
Fax: 1-800-782-6249

STEP 1: PATIENT INFORMATION

Last Name: _____ First Name: _____ DOB: _____ Gender: F M

Phone Number: _____ Email Address: _____

Check off any special needs that apply: Vision Hearing Language Cognitive Physical Other (specify): _____

STEP 2: HEALTH INSURANCE INFORMATION

Plan Name: _____ Member ID: _____ Group #: _____ Provider Phone #: _____

Policy Holder Full Name: _____ Policy Holder DOB: _____ Relationship: Self Spouse Child Other

STEP 3: CPT CODES *This referral pertains to both Medical Nutrition Therapy (MNT) & Diabetes Self-Management Education (DSME) Services.*

Check Off Additional Services Needed.

- Medicare: Extra MNT or DSME education is required due to changes in medication, blood sugar levels, medical history, or other factors.
- Monitoring: Remote Patient Monitoring (RPM) to include CGM Education & Chronic Care Management
- Movement: Personal Trainer &/or Weight Loss Coach
- Mental Health: Diabetes Distress & Burnout Coaching

STEP 4: ICD CODES *Insurance often needs a preventive & medical ICD-10 code for MNT coverage. Check off ALL that apply*

- Preventative - Weight: Underweight (BMI <18.5) Overweight (BMI 25-29) Obese (BMI 30-39) Morbid Obese (BMI 40+)
- Preventative - Family Hx: Ischemic Heart Disease & Other Disease of the Circulatory System: Z82.49 Family History of Diabetes Mellitus: Z83.3
- Preventative - Other: Hypertension: I10 Hypercholesterolemia: E78 Hyperlipidemia: E78.5 Metabolic Syndrome: E88.81 Nutrition Surveillance: Z71.3
- Medical - Diabetes: Type 1: E10.65 Type 2: E11.65 Pre-Diabetes: R73.03 Gestational: O24.41 Impaired Glucose Fasting: R73.01
- Other: _____

STEP 5: REFERRING PHYSICIAN'S INFORMATION & SIGNATURE

Last Name: _____ First Name: _____ NPI: _____ MD / DO / PA / NP

Contact Person: _____ Phone Number: _____ Fax Number: _____

Physician's Signature: _____ Date of Referral: _____ Referral #: _____

STEP 6: FAX REFERRAL ALONG WITH ADDITIONAL DOCUMENTATION TO 1-800-782-6249

- Patient demographics and details of primary and secondary insurance (if applicable). Copies of the front and back of the insurance card are preferred.
- Clinical data such as recent lab results (A1c and glucose), height, weight, medication list, and any other necessary information for care.