



READY TO STOP THE EXHAUSTING BLOOD SUGAR ROLLER COASTER?

Our specialized course is designed for individuals prescribed an insulin pump, ready to take control of their diabetes management with ease. At Balance Diabetes Wellness (BDW), we provide the skills and expert insights you need to ensure a seamless transition, helping you step off the unpredictable ride of fluctuating blood sugar levels.

YOUR STEP-BY-STEP JOURNEY TO SUCCESS:

Two Pre-Insulin Pump Education Sessions

- **1) Insulin Pump Basics**
 - Transitioning to Pump Therapy: What to Expect
 - How Pumps and CGMs Work Together to Balance Blood Sugar
 - Unlocking Your Pump's Features for Optimal Use
- **2) Carb Counting & Food Pairing**
 - What Are Carbs, and How Do They Affect Blood Sugar?
 - Accurate Carb Counting Techniques
 - Managing Blood Sugar with Protein, Fat, and Fiber Pairings

Insulin Pump Set Up Training by Representative (Insulet, Tandem, Medtronic, Beta Bionics)

- Set up insulin pump, adjust insulin dosage, and ensure proper connection.

Unlimited Post-Insulin Pump Education (subject to insurance coverage limitations)

- **Advanced Insulin Pump Training & Personalization**
 - Adjusting Pump Settings for Exercise, Travel, and Different Environments
 - Mastering Blood Sugar Management on the Go

WHAT YOU'LL ACHIEVE:

Approach your new insulin management routine with confidence and peace of mind. Feel empowered and in control as you pave the way for stabilized blood sugar, greater freedom, and a more predictable daily experience.

HOW TO BEGIN:

Book your free consultation call by scanning the QR code and take the first step towards empowered living.



MORE INFORMATION

 817-518-7239  100% Online

 <https://balancediabeteswellness.org/>